

6th Annual
Chinook Half Ironman Triathlon
Calgary, AB
June 19, 2010

Timing by "Results Canada" 780-416-5124

Half Iron Age Group Results

Men 18-29 Category -

Place	Run	Disp	Name	City	Swim	Bike	Run
1	4:44:06	1515	Joshua Krabbe	Calgary	35:48	2:38:10	1:30:09
2	5:29:49	1606	Kevin Bliss	Calgary	36:21	3:05:20	1:48:09
3	5:39:39	1612	Jamie Olscamp	Calgary	45:16	3:04:38	1:49:46
4	6:08:33	1541	Joshua Koehli	Calgary	37:15	3:20:13	2:11:06
5	6:11:55	1582	Michael Sali	Calgary	42:01	3:38:00	1:51:55
6	6:42:11	1540	James Palamarchuk	Calgary	45:29	3:32:36	2:24:06
7	7:18:08	1556	Nick Stabler	Calgary	35:27	3:52:30	2:50:13

Men 30-39 Category -

Place	Run	Disp	Name	City	Swim	Bike	Run
1	4:34:54	1573	Stefan Schreiber	Calgary	32:56	2:31:37	1:30:22
2	4:43:16	1599	Jeremy Peressimi	Calgary	32:59	2:41:34	1:28:44
3	4:55:03	1557	Garrett Timmerman	Calgary	33:03	2:47:52	1:34:09
4	4:56:48	1608	Marc Freemantle	Calgary	33:04	2:39:25	1:44:20
5	5:07:18	1553	Adam Teasdale	Calgary	29:23	2:52:57	1:44:59
6	5:12:57	1543	Richard MacDonald	Calgary	35:54	2:55:49	1:41:15
7	5:18:12	1530	Nigel Campbell	Calgary	33:00	2:58:38	1:46:36
8	5:19:43	1580	Mike Kotuk	Calgary	31:18	3:01:16	1:47:10
9	5:32:19	1615	Owen Lepps	Calgary	30:44	3:10:15	1:51:20
10	5:36:11	1538	Todd Houston	Calgary	35:38	3:02:57	1:57:38
11	5:37:13	1550	Derek Hoffart	Calgary	40:16	3:16:25	1:40:33
12	5:37:46	1561	Justin Williams	Calgary	45:03	3:14:12	1:38:33
13	5:41:05	1583	Mark Peverett	Calgary	39:26	3:13:54	1:47:47
14	5:44:08	1600	Juston Laprairie	Calgary	33:14	3:04:38	2:06:18
15	5:44:51	1558	Jason Cox	Calgary	43:41	3:18:12	1:43:00
16	5:49:09	1506	David Madole	Calgary	35:31	3:17:02	1:56:37
17	5:55:13	1584	Nick Doulias	Calgary	41:38	3:07:33	2:06:04

18	5:56:39	1536	Niall Gleeson	Calgary	45:24	3:15:27	1:55:49
19	5:57:48	1601	Rob Lennox	Calgary	40:20	3:18:22	1:59:08
20	5:57:51	1545	Brad Sawa	Calgary	49:05	3:14:17	1:54:30
21	5:59:25	1519	Adam Layton	Calgary	41:38	3:18:50	1:58:59
22	6:03:05	1560	Michael Otto	Calgary	47:00	3:39:55	1:36:11
23	6:06:22	1537	Crazy Kiwi	Calgary	42:34	3:07:19	2:16:30
24	6:09:08	1605	Kevin Wall	Calgary	45:11	3:14:09	2:09:49
25	6:17:32	1624	Dan Phelps	Calgary	39:28	3:39:35	1:58:30
26	6:27:24	1555	Evan Johnston	Calgary	42:56	3:30:43	2:13:45
27	6:28:25	1535	William Robertson	Calgary	42:00	3:42:24	2:04:03
28	6:52:43	1566	Chris Donahue	Calgary	42:36	3:30:13	2:39:55
29	6:55:28	1613	Conall Donaghy	Calgary	35:19	3:46:30	2:33:40
30	7:02:14	1604	Craig Werbicki	Calgary	46:20	3:26:56	2:48:59
31	7:03:50	1547	Brent Fox	Calgary	51:01	3:57:45	2:15:05
32	7:16:30	1527	Eric Sultanian	Calgary	50:34	4:17:18	2:08:39
33	7:17:18	1578	Dave Leblanc	Calgary	52:18	3:48:56	2:36:05
34	7:41:41	1585	Brent Phillips	Calgary	47:29	4:31:50	2:22:23
35		1588	Jeremy Matthews	Calgary	53:08		

Men 40-49 Category -

Place	Run	Disp	Name	City	Swim	Bike	Run
1	5:26:05	1508	Drew Ross	Calgary	33:52	3:08:06	1:44:08
2	5:26:46	1514	Hiroshi Iwabuchi	Calgary	38:33	3:02:05	1:46:09
3	5:41:06	1520	Stan Wiens	Calgary	34:34	3:08:07	1:58:25
4	5:48:08	1596	Edwin Marselle	Calgary	37:06	3:22:59	1:48:03
5	5:51:18	1516	Dan Stillwell	Calgary	39:06	3:15:10	1:57:03
6	6:05:41	1595	Jeremy Wood	Calgary	46:01	3:29:31	1:50:10
7	6:08:45	1539	Glenn Wegner	Calgary	38:40	3:18:32	2:11:33
8	6:15:19	1501	Paul Barker	Calgary	37:56	3:39:17	1:58:07
9	6:16:11	1528	Colin Wiebe	Calgary	40:49	3:26:15	2:09:08
10	6:23:02	1620	Ian Davies	Calgary	43:00	3:16:26	2:23:37
11	6:23:30	1521	Hugo Batteke	Calgary	38:53	3:42:34	2:02:04
12	6:25:47	1593	Mark Bannan	Calgary	40:57	3:25:17	2:19:34
13	6:36:26	1517	Michael Wesolowski	Calgary	37:37	3:41:00	2:17:50
14	6:40:34	1592	Dean Mitchell	Calgary	37:07	3:39:36	2:23:53
15	6:44:08	1619	Dave Botterill	Calgary	51:28	3:41:34	2:11:08
16	7:10:05	1594	Stu Niebergall	Calgary	50:17	3:56:11	2:23:38
17	7:10:05	1587	Enio Ricci	Calgary	46:15	4:01:49	2:22:02
18	7:17:11	1532	Dave Scharf	Calgary	1:00:40	3:57:19	2:19:13
19	7:22:43	1616	Mitch Conaghan	Calgary	50:12	3:37:35	2:54:57
20	7:34:02	1591	Pat Fiacco	Calgary	1:00:38	3:58:55	2:34:30
21	7:36:41	1512	Russell Garries	Calgary	1:06:18	4:00:47	2:29:37

22	7:56:34	1564	Kel Reid	Calgary	51:00	4:20:48	2:44:47
23		1544	Paul Scheirick	Calgary	42:34		

Men 50-59 Category -

Place	Run	Disp	Name	City	Swim	Bike	Run
1	5:33:03	1622	Mike Bergeron	Calgary	35:30	3:04:00	1:53:33
2	5:44:37	1569	Richard Ireland	Calgary	44:05	3:25:12	1:35:21
3	5:45:27	1542	Brad Pachal	Calgary	44:05	3:03:27	1:57:55
4	6:09:31	1614	Carl Olsson	Calgary	36:59	3:01:41	2:30:52
5	6:09:39	1589	Ross Salmon	Calgary	43:14	3:31:03	1:55:23
6	6:17:50	1577	Lane Warsylewicz	Calgary	44:53	3:22:30	2:10:27
7	6:29:29	1565	Robert Page	Calgary	38:30	3:31:54	2:19:05
8	6:50:20	1602	Paul Stewart	Calgary	35:17	3:45:35	2:29:30
9	6:54:06	1568	Alan Wilson	Calgary	40:34	3:46:44	2:26:50
10	6:58:43	1529	Garry Doody	Calgary	40:55	3:45:59	2:31:50
11	7:09:52	1505	Mark Gillett	Calgary	45:53	3:54:34	2:29:27
12	8:00:07	1598	Brian Del Castilho	Calgary	53:53	4:15:42	2:50:33
13		1548	Hugh Colohan	Calgary	57:00	4:36:39	
14		1572	Greg Nigh	Calgary	1:37:14		

Men 60 + Category -

Place	Run	Disp	Name	City	Swim	Bike	Run
1	6:14:23	1513	Peter Stanton	Calgary	50:17	3:01:51	2:22:17
2	6:52:21	1581	Gary Pelletier	Calgary	50:30	3:31:31	2:30:21
3	7:26:38	1518	Gerry Rafferty	Calgary	52:24	4:01:08	2:33:08

Women 18-29 Category -

Place	Run	Disp	Name	City	Swim	Bike	Run
1	6:59:25	1522	Michelle Hunter	Calgary	43:54	4:13:25	2:02:06
2	7:14:38	1531	Shelley Winwood	Calgary	50:48	4:16:14	2:07:37

Women 30-39 Category -

Place	Run	Disp	Name	City	Swim	Bike	Run
1	5:46:34	1562	Lisa Solomchuk	Calgary	38:02	3:22:23	1:46:09
2	5:48:18	1526	Pamela Leier	Calgary	44:40	3:16:13	1:47:26
3	5:51:13	1546	Toni Pilling	Calgary	39:32	3:15:39	1:56:02

4	5:59:26	1621	Rena Almon	Calgary	50:57	3:16:04	1:52:27
5	6:03:37	1525	Amanda Adcock	Calgary	40:48	3:29:24	1:53:26
6	6:25:00	1617	Jodi Medveszek	Calgary	45:38	3:30:35	2:08:48
7	6:28:15	1549	Stacey Rishaug	Calgary	44:40	3:48:55	1:54:42
8	6:39:42	1523	Chantelle McGivern	Calgary	35:28	3:51:19	2:12:56
9	6:44:38	1590	Sally Scholefield	Calgary	42:00	3:48:28	2:14:11
10	6:49:18	1533	Sandra Kraushaar	Calgary	45:48	3:45:56	2:17:36
11	6:49:36	1510	Monica Gottschling	Calgary	42:26	3:46:22	2:20:49
12	7:54:30	1551	Christa Warwa	Calgary	45:04	4:18:20	2:51:07

Women 40-49 Category -

Place	Run	Disp	Name	City	Swim	Bike	Run
1	5:51:34	1567	Cindy Bonin	Calgary	45:08	3:11:24	1:55:03
2	6:04:59	1575	Selina Humnycki	Calgary	47:42	3:25:54	1:51:24
3	6:22:16	1626	Susan Padua	Calgary	44:57	3:21:15	2:16:05
4	6:27:31	1618	Carolyn Botterill	Calgary	42:17	3:30:56	2:14:19
5	6:42:21	1554	Hilary Haliburton	Calgary	37:03	3:35:03	2:30:16
6	6:46:37	1625	Megan Fibke	Calgary	50:33	3:52:22	2:03:43
7	6:55:19	1609	Michelle Smallman	Calgary	57:18	3:45:22	2:12:39
8	7:10:05	1586	Lee-Ann Ricci	Calgary	48:57	3:57:08	2:24:02
9	8:00:40	1576	Cheryl Bell	Calgary	50:28	4:14:13	2:55:59
10		1507	Deb Quick	Calgary	47:31	3:44:39	

Women 50-59 Category -

Place	Run	Disp	Name	City	Swim	Bike	Run
1	6:41:53	1597	Valerie Kim	Calgary	42:40	3:51:20	2:07:54
2	7:03:47	1574	Carole Morsky	Calgary	44:04	3:57:19	2:22:25
3	7:15:29	1607	Wendy Nelson	Calgary	45:27	4:01:28	2:28:35
4	7:42:21	1623	Michele Granger	Calgary	49:20	4:04:49	2:48:12
5	7:45:37	1509	Barb Halladay	Calgary	54:42	3:49:52	3:01:04

Women 60 + Category - Form feed at end

Place	Run	Disp	Name	City	Swim	Bike	Run
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