

4th Annual  
Chinook Half Ironman Triathlon  
Calgary, AB  
June 21, 2008

Age Group Results

Men 18-29 Category

Place	Total	Numb	Name	City	Swim	Bike	Run
1	4:36:34	302	JEREMY Peressimi	Calgary	31:27	2:34:53	1:30:14
2	4:59:29	263	ADAM Teasdale	Calgary	25:17	2:56:42	1:37:31
3	5:16:45	259	ANDREW Suderman	Calgary	41:13	2:51:53	1:43:40
4	5:25:54	162	NICHOLAS Haddow	Calgary	34:26	2:56:27	1:55:02
5	5:37:17	150	ADAM Froh	Calgary	37:16	3:11:00	1:49:01
6	5:50:50	303	OLIVER Addington	Calgary	32:54	3:24:17	1:53:40
7	5:59:50	189	JOSH Laforet	Calgary	39:24	3:20:26	2:00:02
8	6:00:29	128	JASON Curry	Calgary	34:50	3:11:44	2:13:57
9	7:39:49	247	MICHAEL Schuh	Edmonton	40:20	3:58:10	3:01:21

Men 30-39 Category

Place	Total	Numb	Name	City	Swim	Bike	Run
1	4:40:24	220	DUANE Myers	Calgary	32:08	2:34:39	1:33:37
2	4:48:32	166	RUSSELL Harrison-Kirk	Christchurch	33:46	2:37:45	1:37:03
3	4:54:17	229	AARON Papps	Calgary	31:14	2:50:16	1:32:47
4	4:55:53	112	NICHOLAS burford	calgary	32:26	2:42:30	1:40:57
5	4:57:06	136	GRAHAM Doody	Edmonton	29:58	2:45:24	1:41:44
6	5:01:04	249	DENNIS Seitz	Grande Prairie	32:03	2:51:39	1:37:23
7	5:08:02	219	ROB Mott	Calgary	35:16	2:50:23	1:42:24
8	5:14:37	180	DAVID Jackman	Calgary	37:29	2:52:29	1:44:40
9	5:21:04	120	TED Cochrane	Calgary	32:29	2:54:56	1:53:40
10	5:21:07	234	CURTIS Peterson	Calgary	36:27	2:58:03	1:46:38
11	5:21:41	292	JASON Yohemas	Edmonton	32:19	2:58:57	1:50:25
12	5:27:17	191	JUSTON Laprairie	Calgary	31:10	3:00:00	1:56:07
13	5:29:39	170	DOUG Henderson	Calgary	40:59	3:02:10	1:46:31
14	5:31:47	221	JASON Nadeau	Calgary	37:15	2:55:50	1:58:43
15	5:32:56	116	CHRIS Cameron	calgary	35:11	3:06:42	1:51:04
16	5:36:14	104	BRENDON Bashuski	Calgary	33:52	3:03:52	1:58:31
17	5:36:35	173	DEREK Hoffart	Calgary	37:30	3:10:44	1:48:22
18	5:37:34	271	FRANK Vandongen	Calgary	33:30	2:58:51	2:05:14
19	5:40:39	227	COLIN Paddington	Calgary	36:40	3:09:52	1:54:08
20	5:40:43	125	KELLY Cozine	Regina	38:33	3:19:55	1:42:17
21	5:42:10	159	TODD Graham	Regina	31:57	3:14:28	1:55:46
22	5:50:24	250	ROBERT SEITZ	Grande Prairie	35:28	3:34:17	1:40:40

23	5:54:12	146	TROY Farn	Sherwood	43:34	3:08:42	2:01:57
24	5:55:49	246	BRAD Salter	Saskatoon	35:48	3:16:42	2:03:20
25	6:02:49	114	ANDREW Bzdel	Cochrane	39:40	3:09:57	2:13:13
26	6:03:04	138	BENJAMIN dorsey	banff	41:20	3:28:20	1:53:25
27	6:06:20	279	KARL Werner	St. Albert	38:11	3:16:41	2:11:29
28	6:07:03	135	CONALL Donaghy	Calgary	29:30	3:20:07	2:17:27
29	6:09:13	139	NICK Doulias	Regina	43:45	3:19:48	2:05:40
30	6:17:53	172	DARCY Hilkewich	Sherwood	36:14	3:29:40	2:12:00
31	6:18:09	300	CHRIS Howard	Calgary	32:58	3:11:30	2:33:42
32	6:25:17	226	DOUG OLAFSON	CALGARY	42:50	3:30:12	2:12:15
33	6:31:00	273	KEVIN Wall	Okotoks	43:29	3:07:32	2:40:01
34	6:37:22	265	KEVIN Tidball	edmonton	37:19	3:20:22	2:39:43
35	6:37:46	288	GRAHAM Wilson	Red Deer	37:50	3:42:02	2:17:55
36	6:42:10	155	ANTHONY Giuffre	Calgary	49:12	3:21:32	2:31:27
37	6:44:37	253	BRETT Sharkey	Calgary	46:14	3:44:59	2:13:25
38	6:45:07	268	STEFANO Toppazzini	Calgary	46:02	3:24:40	2:34:26
39	6:47:45	126	MIKE CRAWFORD	Calgary	32:27	3:49:32	2:25:48
40	7:06:29	164	DARREN Hamilton	Calgary	38:16	3:32:27	2:55:48
41		202	JACK McCarthy	Red Deer	54:03	3:56:51	
42		238	MARK Rathwell	Regina	45:46	4:26:27	

#### Men 40-49 Category

Place	Total	Numb	Name	City	Swim	Bike	Run
1	5:08:08	127	DAVE crooks	calgary	32:22	2:57:20	1:38:27
2	5:10:02	214	KEN McWilliams	Calgary	36:10	2:58:07	1:35:46
3	5:14:07	197	BERNARD Maillet	Chesterme	29:34	2:58:06	1:46:28
4	5:25:18	209	BYRON McLean	Calgary	35:46	3:01:31	1:48:02
5	5:29:24	106	MICHAEL Bergeron	calgary	34:53	3:01:55	1:52:37
6	5:30:57	258	DAN Stillwell	Calgary	33:21	3:05:03	1:52:34
7	5:34:45	188	JOHN Kovacs	Jasper	38:49	2:58:33	1:57:25
8	5:35:37	178	HIROSHI Iwabuchi	Calgary	38:24	3:00:56	1:56:18
9	5:39:48	122	GREG Cooke	Calgary	33:56	3:06:46	1:59:07
10	5:41:24	284	STAN Wiens	Calgary	32:06	3:00:45	2:08:33
11	5:45:30	285	GARY Wilkinson	Calgary	46:05	3:08:45	1:50:41
12	5:52:59	177	JASON Hubick	Regina	40:43	3:18:49	1:53:28
13	5:54:40	103	PAUL Barker	Calgary	34:42	3:30:17	1:49:42
14	5:55:26	152	MARK Gibson	Regina	52:10	3:01:45	2:01:32
15	5:55:35	267	TIM Toohey	Edmonton	36:18	3:16:10	2:03:07
16	5:57:40	281	COLIN Wiebe	Calgary	35:58	3:07:58	2:13:45
17	5:58:08	143	TIM Dutton	Calgary	37:04	3:20:14	2:00:51
18	5:58:31	117	ROBERT Carroll	Grande Pra	39:32	3:10:51	2:08:09
19	6:03:33	105	HUGO Batteke	Calgary	35:42	3:25:50	2:02:02
20	6:06:47	266	DENNIS Tokarz	Calgary	34:20	3:12:05	2:20:23
21	6:13:52	133	GARETH Dillistone	Regina	36:52	3:30:15	2:06:45
22	6:15:27	286	EDWARD Willmott	Winnipeg	43:36	3:25:17	2:06:35
23	6:20:15	193	TERRY Lazarou	Regina	41:24	3:19:23	2:19:30
24	6:23:03	185	ROBB Johnstone	Calgary	37:32	3:19:48	2:25:44
25	6:26:21	293	DARRELL Zwarych	Regina	37:22	3:30:41	2:18:20
26	6:32:19	261	SCOTT Sylvester	Grand Rap	48:05	3:12:59	2:31:16

27	6:35:09	207	PADDY mcguire	calgary	37:38	3:23:18	2:34:13
28	6:44:17	144	AL Eberle	Calgary	42:33	3:37:13	2:24:32
29	6:54:29	181	BRENT Jacobs	Regina	34:04	3:30:28	2:49:58
30	6:57:12	203	CHRIS MCCUEN	DAUPHIN	36:25	3:42:10	2:38:38
31	7:03:51	107	AARON bisson	devon	42:18	3:47:36	2:33:58
32	7:05:01	262	ANDRE Tardif	Calgary	45:09	3:48:42	2:31:11
33	7:05:18	222	PAUL Nelson	Medicine H	45:28	3:57:49	2:22:02
34	7:07:35	147	PAT Fiacco	regina	52:10	3:28:29	2:46:56
35	7:30:58	299	SHAUN Trainor	White City	42:15	3:43:53	3:04:51
36	7:35:08	240	BARRY Robbins	Calgary	00:08	4:06:19	2:28:43
37	8:03:20	163	WADE Hagen	Regina	37:34	4:22:17	3:03:30
38		255	TONY Smith	Calgary	25:22	2:46:19	
39		289	LANNY Wilson	Calgary	32:39	2:52:39	

#### Men 50-59 Category

Place	Total	Numb	Name	City	Swim	Bike	Run
1	5:36:33	257	MURRAY Stewart	Calgary	39:05	3:01:41	1:55:47
2	5:43:30	235	BOB pritchard	Calgary	37:24	3:23:41	1:42:26
3	5:53:17	119	ADAM Chynal	Calgary	38:50	3:17:32	1:56:55
4	5:54:59	243	MURRAY Roth	Calgary	35:57	3:20:01	1:59:02
5	6:00:58	224	GREG Nigh	Calgary	33:53	3:21:42	2:05:23
6	6:06:24	123	PATRICK Coppens	Grande Pr	35:40	3:21:56	2:08:49
7	6:18:36	186	JURGEN Kaminsky	Calgary	45:47	3:29:47	2:03:03
8	6:20:39	184	WAYNE Jeffrey	Kitscoty	42:14	3:24:51	2:13:35
9	6:20:39	208	BOH McLean	Blackfoot	44:01	3:22:06	2:14:33
10	6:45:56	199	TERRY Marciniak	Calgary	34:45	3:48:43	2:22:29
11	6:53:34	187	LYLE Keillor	Calgary	44:30	3:48:18	2:20:47
12	6:54:30	176	MICHAEL Howlett	Calgary	41:55	3:21:01	2:51:35
13	7:08:52	108	LAWRENCE Block	Calgary	45:43	3:47:58	2:35:12
14	7:36:02	118	KEITH Cartmell	Calgary	38:20	3:54:23	3:03:20
15	8:23:09	110	ED Brooks	Calgary	52:19	4:13:19	3:17:33
16		218	PAUL Miller	Calgary	35:48	3:17:09	
17		304	PETER Glossop	Drumheller	59:49		

#### Men 60 + Category

Place	Total	Numb	Name	City	Swim	Bike	Run
1	5:44:30	256	PETE Stanton	Calgary	40:04	2:57:06	2:07:20
2		216	BEN Meulenbeld	Calgary	51:51	3:55:47	

#### Women 18-29 Category

Place	Total	Numb	Name	City	Swim	Bike	Run
1	5:45:19	242	JANETTE Rodewald	Cartier	39:52	3:08:54	1:56:34
2	5:50:34	287	SOMER Willson	Calgary	37:23	3:28:53	1:44:18
3	5:55:20	168	RACHEL Hazlett	Calgary	36:13	3:20:26	1:58:43
4	5:58:16	274	JANELLE Watson	Calgary	37:34	3:23:19	1:57:24

5	6:00:25	204	JANE McCurdy	Calgary	39:17	3:25:49	1:55:20
6	6:11:55	194	JEN LeBlanc	Okotoks	36:53	3:18:16	2:16:46
7	6:22:47	206	CHANTELLE McGivern	Calgary	32:18	3:31:59	2:18:31
8	6:24:27	183	PAMELA Janeczko	Calgary	38:01	3:38:50	2:07:37
9	6:30:32	280	ANNA Wesenberg	Calgary	41:16	3:43:56	2:05:21
10	6:37:46	283	KELSEY Wiens	Calgary	51:03	3:24:44	2:22:00
11	6:45:14	241	SHYLA Robertson	Regina	43:43	3:38:55	2:22:37
12	6:51:26	148	ANN Formaz-Preston	Calgary	41:22	3:51:34	2:18:31
13	6:54:13	179	LINDSAY Jackiw	Regina	37:31	3:50:40	2:26:03
14		141	MICHELLE Duffley	Edmonton	00:27	4:38:05	

#### Women 30-39 Category

Place	Total	Numb	Name	City	Swim	Bike	Run
1	5:45:57	231	ROSARIO Pawelczak	Calgary	32:21	3:17:57	1:55:41
2	5:56:59	213	TRACY McQuillin	Calgary	37:31	3:16:35	2:02:54
3	6:03:49	154	CORINNA Gisi	Calgary	38:54	3:19:03	2:05:53
4	6:05:46	161	AMBER Hack	Regina	33:58	3:29:37	2:02:12
5	6:13:15	111	STEPHANIE Brooks-Ayll	Calgary	37:00	3:23:50	2:12:26
6	6:17:17	264	JOANNE Tidball	Edmonton	41:22	3:29:37	2:06:20
7	6:19:57	129	PHOENIX Deerhawke	Calgary	39:49	3:22:01	2:18:08
8	6:21:36	109	ANDREA Bown	Sherwood	37:58	3:29:10	2:14:30
9	6:26:10	158	SHANA Graham	Regina	36:08	3:36:31	2:13:31
10	6:29:59	174	ALISON Howard	Calgary	38:45	3:48:24	2:02:51
11	6:35:50	228	SUSAN Padua	Calgary	37:49	3:42:48	2:15:14
12	6:38:50	153	THERESA Gibson	Regina	40:08	3:30:48	2:27:55
13	6:42:03	205	KARI McDonald	Calgary	41:40	3:28:29	2:31:55
14	7:32:51	248	CAROLINE Scott	Canmore	47:51	4:08:08	2:36:54

#### Women 40-49 Category

Place	Total	Numb	Name	City	Swim	Bike	Run
1	5:46:46	217	MICHELLE Peart	Calgary	34:46	3:14:39	1:57:22
2	5:48:37	169	BARB Heise	Calgary	32:09	3:15:29	2:01:00
3	6:06:54	245	MELANIE Rush	Calgary	34:54	3:27:35	2:04:26
4	6:14:09	167	PAMELA Hauck	Calgary	45:25	3:11:26	2:17:20
5	6:15:32	244	BRIGITTE Ruel	Calgary	42:06	3:31:50	2:01:37
6	6:23:58	260	MELODY Switzer	Calgary	44:15	3:32:05	2:07:39
7	6:26:30	282	LARA Wiebe	Calgary	36:29	3:25:57	2:24:04
8	6:32:20	232	SONIA Pensaert	Dauphin	51:10	3:30:43	2:10:28
9	6:34:47	113	LAURIE Buxton	Canmore	40:54	3:33:24	2:20:31
10	6:36:02	210	DEBBIE McLean	Calgary	37:15	3:36:47	2:22:02
11	6:38:35	142	BARBARA Dundas	Calgary	35:47	3:38:46	2:24:03
12	6:40:09	211	LIZ McManus	Calgary	37:22	3:36:40	2:26:07
13	6:42:37	212	LORNA McNeil	Grande Pr	45:36	3:28:11	2:28:51
14	6:42:48	196	SUZANNE Louttit	Regina	33:14	3:52:26	2:17:08
15	6:45:25	275	JANICE Webster	Calgary	34:11	3:59:29	2:11:46
16	6:46:36	198	LESLIE Marciniak	Calgary	43:14	3:50:16	2:13:07
17	6:54:11	230	DEB Patson	Calgary	42:19	3:43:47	2:28:06

18	6:54:52	140	KATHY Dreher	Regina	37:32	3:55:58	2:21:22
19	7:08:30	190	DENISE LaForge	Calgary	48:16	3:54:58	2:25:18
20	7:14:52	236	JANET pritchard	Calgary	39:27	3:50:57	2:44:29
21	7:36:02	237	KELLY Rathje	Calgary	40:02	3:54:40	3:01:21
22	7:41:39	290	CINDY Wright	Regina	46:12	4:01:45	2:53:42
23		195	DENISE Lemay-Moore	Calgary	40:28	3:50:38	

Women 50-59 Category

Place	Total	Numb	Name	City	Swim	Bike	Run
1	5:41:00	301	BEV Dunne	Calgary	32:18	3:11:48	1:56:55
2	6:25:41	200	JEAN Marcotte	Calgary	31:01	3:37:45	2:16:56
3	7:02:29	137	PATTI Doody	Calgary	34:12	3:48:47	2:39:32
4	7:16:52	182	THEA Jacobs	Regina	58:29	3:51:45	2:26:39
5	7:20:01	223	WENDY Nelson	Calgary	43:26	3:52:15	2:44:21
6	7:45:14	270	BRENDA Udahl	Regina	44:12	4:17:56	2:43:07

Women 60 + Category

Place	Total	Numb	Name	City	Swim	Bike	Run
1	5:55:57	233	SUSAN Petch	Calgary	35:00	3:25:11	1:55:46