

3rd Annual
Chinook Half Ironman Triathlon
Calgary, AB
June 23, 2007

ChampionChip Timing by "Results Canada" - 780-416-5124

Overall Triathlon Results

Pos	Time	Name	City	Category Plc/Total	Category	2.0km SWIM			Time
						#	Cat	Ovr	
1	4:30:47	Jeremy Pe	Calgary	1/9	Men 18-29	188	2	27:48	
2	4:43:13	Darin Hunt	Calgary	1/33	Men 30-39	147	7	29:34	
3	4:46:53	Duane Mye	Calgary	2/33	Men 30-39	243	57	36:46	
4	4:50:52	Cameron E	Calgary	3/33	Men 30-39	126	34	34:06	
5	4:54:26	Nicholas B	Calgary	4/33	Men 30-39	107	21	31:58	
6	4:58:56	Scott Merc	Calgary	5/33	Men 30-39	178	62	37:16	
7	5:01:10	Ross Stirlir	Cochrane	6/33	Men 30-39	216	8	29:43	
8	5:05:04	John Winte	calgary	1/14	Men 50-59	237	16	31:18	
9	5:05:15	Dennis Sei	Grande Pr	2/9	Men 18-29	204	15	31:16	
10	5:08:06	Kent Tilley	Calgary	7/33	Men 30-39	225	10	31:03	
11	5:10:47	Richard Ru	Calgary	1/25	Men 40-49	201	9	30:08	
12	5:15:21	Herbie Sell	Canmore	2/25	Men 40-49	206	60	37:04	
13	5:16:38	Bernard M	Chesterme	3/25	Men 40-49	167	6	29:29	
14	5:19:55	Martin Oeg	Jasper	8/33	Men 30-39	185	65	37:25	
15	5:20:04	John Kova	Jasper	4/25	Men 40-49	158	54	36:29	
16	5:20:59	Sean Bran	Englewood	5/25	Men 40-49	106	19	31:55	
17	5:21:50	Scott Gallu	Okotoks	9/33	Men 30-39	131	33	33:39	
18	5:23:09	Michael Ke	Medicine H	10/33	Men 30-39	156	48	36:00	
19	5:25:16	Stan Stanc	NW Calgar	6/25	Men 40-49	212	31	33:37	
20	5:25:21	Kevin Cop	Calgary	7/25	Men 40-49	116	86	39:08	
21	5:27:45	Lisa Guevr	Cochrane	1/8	Women 18	138	22	31:58	
22	5:27:54	Joshua Kr	Calgary	3/9	Men 18-29	159	53	36:27	
23	5:28:21	Kyle McLai	Calgary	11/33	Men 30-39	175	76	38:18	
24	5:28:24	Jason Yoh	Edmonton	12/33	Men 30-39	238	18	31:53	
25	5:30:37	Patrick He	Red Deer	13/33	Men 30-39	143	29	33:19	
26	5:31:19	Maureen S	Calgary	1/12	Women 40	203	12	31:09	
27	5:32:00	Jason Nad	Calgary	14/33	Men 30-39	181	45	35:47	
28	5:34:25	Gordon Kir	Calgary	2/14	Men 50-59	157	13	31:10	
29	5:34:43	Emily Your	Edmonton	2/8	Women 18	239	40	35:12	
30	5:36:28	Mark Faas	Wainwright	4/9	Men 18-29	128	5	29:15	
31	5:39:55	Todd Laidl	Calgary	15/33	Men 30-39	162	3	27:53	
32	5:41:58	Gary Wilkir	Calgary	8/25	Men 40-49	236	87	39:14	
33	5:42:28	Marshall Si	Calgary	9/25	Men 40-49	208	89	39:26	
34	5:42:33	Ammon Pi	Calgary	16/33	Men 30-39	192			
35	5:42:39	Corey Cod	Calgary	17/33	Men 30-39	111	52	36:20	
36	5:43:13	Brad Pach	Calgary	10/25	Men 40-49	187	35	34:08	
37	5:44:18	Murray Ste	Calgary	11/25	Men 40-49	214	77	38:25	

38	5:47:43	Ken McWil	Calgary	12/25	Men 40-49	177	63	37:18
39	5:48:43	Mike Roble	Edson	5/9	Men 18-29	196	17	31:50
40	5:49:52	Amber Dav	Calgary	1/16	Women 30	179	36	34:42
41	5:50:56	Nick Ronto	Calgary	13/25	Men 40-49	247	113	44:16
42	5:51:09	Martine Yz	Calgary	2/16	Women 30	240	1	26:50
43	5:52:11	Marcelo St	Calgary	3/14	Men 50-59	219	23	32:04
44	5:52:18	Brendon B;	Calgary	18/33	Men 30-39	102	27	32:55
45	5:52:31	Darryl Smit	Calgary	4/14	Men 50-59	209	112	44:15
46	5:52:44	Wayne O'E	Medicine H	19/33	Men 30-39	184	85	39:01
47	5:53:07	Kerri Trehe	calgary	3/16	Women 30	230	50	36:02
48	5:55:25	Dan Stillwe	Calgary	20/33	Men 30-39	215	70	37:40
49	5:56:17	Colette Hul	Calgary	4/16	Women 30	146	55	36:33
50	5:56:20	Cal Kellett	Calgary	5/14	Men 50-59	154	58	36:55
51	5:56:46	Jenny Fea	Calgary	5/16	Women 30	130	4	28:17
52	5:57:06	Cameron V	Calgary	21/33	Men 30-39	232	101	42:42
53	5:57:32	Carlin Doel	Stettler	22/33	Men 30-39	121	20	31:55
54	5:57:45	Tim Dutton	Calgary	23/33	Men 30-39	124	43	35:41
55	5:59:30	Philip Grou	Okotoks	24/33	Men 30-39	136	26	32:38
56	6:02:50	Jamie Faa	Wainwright			127	37	34:42
57	6:03:18	Stafford Pe	Calgary	6/9	Men 18-29	191	79	38:27
58	6:03:19	Eduardo G	Calgary	25/33	Men 30-39	133	78	38:25
59	6:04:04	Ashley Cat	Calgary	14/25	Men 40-49	110	49	36:01
60	6:04:55	Brad Wolff	Calgary	26/33	Men 30-39	244	88	39:19
61	6:05:21	Murray Rot	Calgary	6/14	Men 50-59	198	59	36:56
62	6:05:27	Tim Toohe	Edmonton	15/25	Men 40-49	228	46	35:51
63	6:06:28	Jennifer Th	Calgary	6/16	Women 30	224	67	37:32
64	6:07:25	Todd Grah	Regina	27/33	Men 30-39	135	30	33:30
65	6:08:16	Stacy Ract	Calgary	7/16	Women 30	249	84	38:53
66	6:08:34	Jason Hub	Regina	16/25	Men 40-49	145	99	42:28
67	6:11:03	Lisa Stocki	Colinton	8/16	Women 30	217	24	32:24
68	6:11:11	Ted Cole	Calgary	7/14	Men 50-59	112	72	37:59
69	6:14:52	Tom Kerbe	BlackDiam	17/25	Men 40-49	155	103	42:49
70	6:15:03	Brigitte Ru	Calgary	2/12	Women 40	200	92	39:59
71	6:16:13	Shaun Vel	Winnipeg	28/33	Men 30-39	231	74	38:07
72	6:16:38	Stacey Sh	Regina	3/8	Women 18	207	66	37:26
73	6:16:57	Blair Rudy	Calgary	18/25	Men 40-49	199	61	37:10
74	6:18:34	Jonathan L	Calgary	7/9	Men 18-29	122	111	44:08
75	6:18:50	John Hech	Calgary	8/14	Men 50-59	140	68	37:36
76	6:19:09	Colin Marti	Calgary	29/33	Men 30-39	170	119	48:27
77	6:19:24	Glenn Daig	Airdrie	19/25	Men 40-49	118	51	36:10
78	6:21:24	Barb Heise	Calgary	9/16	Women 30	142	11	31:07
79	6:23:09	Cody Ellis	Calgary	8/9	Men 18-29	125	28	33:08
80	6:23:50	Janette Ro	Cartier	4/8	Women 18	197	104	42:55
81	6:25:08	Jurgen Kar	Calgary	9/14	Men 50-59	152	110	43:57
82	6:25:24	Charlyn (c)	Calgary	3/12	Women 40	164	41	35:23
83	6:26:33	Shaun Trai	Regina	20/25	Men 40-49	229	106	42:56
84	6:27:30	Cindy Malc	Calgary	10/16	Women 30	168	81	38:39
85	6:28:16	Michael W	Medicine H	21/25	Men 40-49	233	100	42:38
86	6:29:07	Scott Brass	Calgary	30/33	Men 30-39	245	121	51:49
87	6:30:47	Camilla Sp	Calgary	1/5	Women 50	210	71	37:53
88	6:31:27	John Danc	Sherwood	22/25	Men 40-49	119	91	39:43

89	6:31:40	Brenda Gu Calgary	4/12	Women 40	137	124	53:28
90	6:32:59	Bruce Bea Calgary	10/14	Men 50-59	103	93	40:06
91	6:34:05	Cheryl Arc St. Albert	5/12	Women 40	100	109	43:48
92	6:35:11	Cindy Pocz Calgary	6/12	Women 40	193	39	34:52
93	6:36:35	Michelle Co Calgary	11/16	Women 30	115	105	42:56
94	6:37:43	Chris Goye Calgary	31/33	Men 30-39	134	32	33:38
95	6:38:20	Wendy Nel Calgary	2/5	Women 50	183	82	38:44
96	6:39:05	Jacqueline Calgary	12/16	Women 30	151	75	38:13
97	6:39:06	Wayne Le Calgary	11/14	Men 50-59	165	56	36:41
98	6:39:51	Laurie Mc Calgary	5/8	Women 18	176	102	42:44
99	6:40:55	Lynn Marin Calgary	7/12	Women 40	169	14	31:12
100	6:41:36	Katherine F Calgary	13/16	Women 30	251	94	40:08
101	6:43:31	John Myky Regina	12/14	Men 50-59	180	108	43:47
102	6:48:38	Paddy Mc Calgary	23/25	Men 40-49	174	64	37:24
103	6:53:16	Glen Swan Winnepeg	32/33	Men 30-39	221	42	35:35
104	6:55:25	Patricia At Calgary	3/5	Women 50	101	107	43:34
105	6:55:34	Sue Sprust Vancouver	6/8	Women 18	211	25	32:29
106	6:55:55	Kari Strutt Calgary	8/12	Women 40	218	44	35:45
107	6:56:29	Ashley Rar Calgary	7/8	Women 18	194	80	38:35
108	6:59:54	Chris Mc CAUPHIN	24/25	Men 40-49	172	73	38:02
109	7:02:58	Evan Hein Lake Louis	9/9	Men 18-29	141	95	40:24
110	7:05:06	Thea Jaco Regina	4/5	Women 50	149	125	55:11
111	7:05:22	Brian Del C Calgary	13/14	Men 50-59	120	123	52:25
112	7:07:49	Marion Per Calgary	5/5	Women 50	190	122	52:13
113	7:07:49	David Perr Calgary	14/14	Men 50-59	189	118	48:22
114	7:12:02	Raymond C Calgary	1/3	Men 60 +	113	115	45:11
115	7:12:08	Lara Wiebe Calgary	14/16	Women 30	235	47	35:53
116	7:12:09	Tyler Haub Medicine H	33/33	Men 30-39	139	120	48:50
117	7:13:15	Erin Reid Calgary	15/16	Women 30	195	97	41:24
118	7:14:33	Denise Ler Calgary	9/12	Women 40	163	96	41:10
119	7:15:58	Pam Fawc Calgary	10/12	Women 40	129	114	45:07
120	7:19:32	Sherry Mc San Jose	16/16	Women 30	171	116	46:11
121	7:47:51	David Cam Calgary	25/25	Men 40-49	109	69	37:38
122	7:47:51	Janice Burl Calgary	11/12	Women 40	108	90	39:41
123	7:57:53	Sharon Ho Calgary	12/12	Women 40	144	117	47:55
124	7:59:00	Pat Iremon Calgary	2/3	Men 60 +	148	98	41:39
125		Jacquelyn Calgary	8/8	Women 18	182	38	34:48
126		Pete Stant Calgary	3/3	Men 60 +	213	83	38:49

/100m	96 km BIKE			21km RUN				
	Cat	Ovr	Time	km/hr	Cat	Ovr	Time	/km
1:24	1		2:33:05	37.6	3		1:29:55	4:17
1:29	4		2:45:04	34.9	2		1:28:36	4:14
1:51	2		2:42:18	35.5	1		1:27:50	4:11
1:43	3		2:42:18	35.5	5		1:34:29	4:30
1:36	5		2:45:22	34.8	8		1:37:07	4:38
1:52	6		2:48:26	34.2	4		1:33:15	4:27
1:30	7		2:52:06	33.5	10		1:39:22	4:44
1:34	14		2:58:04	32.3	6		1:35:43	4:34
1:34	12		2:57:05	32.5	7		1:36:56	4:37
1:34	8		2:55:27	32.8	12		1:41:36	4:51
1:31	15		2:59:02	32.2	13		1:41:38	4:51
1:52	11		2:56:27	32.6	14		1:41:51	4:51
1:29	16		2:59:17	32.1	25		1:47:52	5:09
1:53	17		2:59:23	32.1	16		1:43:09	4:55
1:50	9		2:56:20	32.7	23		1:47:16	5:07
1:36	28		3:07:54	30.7	11		1:41:11	4:50
1:41	18		3:00:44	31.9	24		1:47:27	5:07
1:48	10		2:56:22	32.7	31		1:50:47	5:17
1:41	30		3:08:11	30.6	19		1:43:30	4:56
1:58	19		3:02:58	31.5	17		1:43:16	4:56
1:36	36		3:12:24	29.9	18		1:43:24	4:56
1:50	22		3:05:34	31.0	21		1:45:54	5:03
1:55	25		3:06:58	30.8	15		1:43:06	4:55
1:36	27		3:07:39	30.7	27		1:48:53	5:12
1:40	33		3:11:20	30.1	22		1:45:59	5:03
1:34	23		3:05:54	31.0	41		1:54:18	5:27
1:48	21		3:03:54	31.3	34		1:52:20	5:21
1:34	24		3:06:07	30.9	50		1:57:08	5:35
1:46	37		3:14:30	29.6	20		1:45:01	5:01
1:28	46		3:18:02	29.1	29		1:49:11	5:12
1:24	49		3:19:17	28.9	35		1:52:46	5:23
1:58	58		3:24:08	28.2	9		1:38:36	4:42
1:59	20		3:03:37	31.4	55		1:59:26	5:42
1:49	32		3:10:27	30.2	42		1:55:53	5:32
1:43	13		2:58:04	32.3	79		2:11:03	6:15
1:56	38		3:14:41	29.6	33		1:51:14	5:18

1:52	51	3:21:16	28.6	28	1:49:10	5:12
1:36	54	3:22:43	28.4	40	1:54:11	5:27
1:45	48	3:19:04	28.9	44	1:56:07	5:32
2:13	41	3:16:24	29.3	30	1:50:16	5:16
1:21	40	3:15:48	29.4	73	2:08:32	6:08
1:37	52	3:22:04	28.5	52	1:58:03	5:38
1:39	63	3:26:24	27.9	36	1:53:00	5:23
2:13	29	3:08:10	30.6	56	2:00:06	5:44
1:58	42	3:16:51	29.3	48	1:56:53	5:34
1:49	68	3:28:17	27.7	26	1:48:49	5:11
1:53	44	3:17:29	29.2	57	2:00:18	5:44
1:50	57	3:23:48	28.3	43	1:55:57	5:32
1:51	45	3:17:49	29.1	62	2:01:37	5:48
1:25	43	3:17:21	29.2	80	2:11:09	6:15
2:09	55	3:23:30	28.3	32	1:50:55	5:17
1:36	61	3:25:00	28.1	59	2:00:38	5:45
1:48	35	3:12:17	30.0	78	2:09:48	6:11
1:38	39	3:15:03	29.5	81	2:11:50	6:17
1:45	72	3:29:39	27.5	54	1:58:30	5:39
1:56	69	3:28:29	27.6	45	1:56:23	5:33
1:56	78	3:31:36	27.2	38	1:53:19	5:24
1:49	73	3:29:57	27.4	53	1:58:07	5:38
1:58	31	3:09:37	30.4	93	2:16:01	6:29
1:51	75	3:31:12	27.3	51	1:57:13	5:35
1:48	83	3:35:43	26.7	39	1:53:54	5:26
1:53	53	3:22:28	28.4	68	2:06:30	6:02
1:41	64	3:26:42	27.9	70	2:07:14	6:04
1:57	84	3:36:23	26.6	37	1:53:02	5:23
2:08	71	3:29:28	27.5	46	1:56:39	5:34
1:38	62	3:26:03	28.0	83	2:12:37	6:19
1:54	47	3:18:44	29.0	90	2:14:29	6:25
2:09	56	3:23:38	28.3	72	2:08:26	6:07
2:00	81	3:32:22	27.1	64	2:02:42	5:51
1:55	34	3:11:46	30.0	110	2:26:21	6:59
1:53	94	3:42:32	25.9	47	1:56:41	5:34
1:52	50	3:20:20	28.8	99	2:19:28	6:39
2:13	26	3:07:14	30.8	111	2:27:13	7:01
1:53	80	3:31:54	27.2	77	2:09:20	6:10
2:26	66	3:28:10	27.7	63	2:02:33	5:51
1:49	67	3:28:12	27.7	92	2:15:03	6:26
1:34	76	3:31:20	27.3	97	2:18:57	6:37
1:40	106	3:53:05	24.7	49	1:56:57	5:35
2:09	93	3:40:33	26.1	58	2:00:22	5:44
2:12	86	3:36:36	26.6	65	2:04:35	5:56
1:47	65	3:27:14	27.8	105	2:22:48	6:48
2:09	70	3:29:05	27.5	91	2:14:33	6:25
1:56	101	3:47:47	25.3	60	2:01:05	5:46
2:08	82	3:32:44	27.1	86	2:12:56	6:20
2:36	79	3:31:50	27.2	67	2:05:29	5:59
1:54	96	3:43:37	25.8	76	2:09:18	6:10
2:00	89	3:38:56	26.3	84	2:12:49	6:20

2:41	74	3:29:57	27.4	71	2:08:16	6:07
2:01	91	3:40:01	26.2	85	2:12:52	6:20
2:12	97	3:45:05	25.6	66	2:05:12	5:58
1:45	85	3:36:28	26.6	106	2:23:52	6:51
2:09	92	3:40:12	26.2	88	2:13:28	6:22
1:41	60	3:24:17	28.2	119	2:39:49	7:37
1:57	98	3:46:30	25.4	87	2:13:06	6:21
1:55	90	3:39:37	26.2	103	2:21:16	6:44
1:51	95	3:43:20	25.8	98	2:19:06	6:38
2:09	104	3:50:04	25.0	69	2:07:04	6:04
1:34	103	3:49:39	25.1	100	2:20:04	6:41
2:01	88	3:38:45	26.3	104	2:22:44	6:48
2:12	77	3:31:35	27.2	113	2:28:10	7:04
1:53	100	3:47:13	25.4	107	2:24:02	6:52
1:47	102	3:49:03	25.1	114	2:28:39	7:05
2:11	99	3:47:12	25.4	109	2:24:40	6:54
1:38	116	4:09:02	23.1	89	2:14:03	6:23
1:48	112	3:59:59	24.0	101	2:20:12	6:41
1:56	119	4:16:21	22.5	61	2:01:34	5:48
1:55	108	3:57:19	24.3	108	2:24:34	6:54
2:02	113	4:03:41	23.6	96	2:18:53	6:37
2:46	110	3:57:53	24.2	82	2:12:03	6:18
2:38	107	3:56:20	24.4	94	2:16:38	6:31
2:37	115	4:06:45	23.3	75	2:08:52	6:09
2:26	105	3:50:22	25.0	116	2:29:06	7:06
2:16	109	3:57:49	24.2	115	2:29:02	7:06
1:48	121	4:17:42	22.4	95	2:18:35	6:36
2:27	118	4:14:36	22.6	74	2:08:44	6:08
2:05	111	3:58:39	24.1	117	2:33:13	7:18
2:04	114	4:05:28	23.5	112	2:27:56	7:03
2:16	87	3:38:12	26.4	122	2:52:39	8:14
2:19	117	4:12:35	22.8	102	2:20:47	6:43
1:53	122	4:23:34	21.9	121	2:46:40	7:57
2:00	124	4:30:49	21.3	118	2:37:22	7:30
2:24	123	4:27:45	21.5	120	2:42:15	7:44
2:05	120	4:17:22	22.4	123	3:00:01	8:35
1:45	59	3:24:17	28.2			
1:57						