

Chinook Half Ironman Triathlon  
 June 25, 2005  
 Calgary, AB

Half Ironman Triathlon Results

Pos	Time	Name	City	Category		Cat	Ovr	1.9km SWIM	
				Plc/Total	Categor #			Time	/100m
1	4:10:35	Mike-Myles	Calgary	1/3	MalTm	123	1	27:20	1:27
2	4:31:30	Laurent ET	Calgary	1/8	M2529	175	9	33:39	1:47
3	4:40:06	Jeremy PE	Calgary	2/8	M2529	152	3	30:24	1:36
4	5:01:05	Brian ROM	Calgary	1/9	M3034	183	6	31:21	1:39
5	5:07:25	Kirk DRAP	Calgary	1/4	M3539	118	2	30:22	1:36
6	5:10:00	Jon PERE	Calgary	2/9	M3034	151	15	35:34	1:53
7	5:17:07	Scott MER	Calgary	3/8	M2529	145	30	40:21	2:08
8	5:18:13	Gord THOI	St. Albert	4/8	M2529	163	19	37:17	1:58
9	5:25:48	Tara MOR	Calgary	1/3	F2529	146	22	37:32	1:59
10	5:26:33	Steve SELI	Canmore	1/4	M4549	157	39	43:27	2:18
11	5:27:17	Bradley BI	Edmonton	5/8	M2529	106	40	43:59	2:19
12	5:27:29	Robert LOI	Edmonton	1/3	M4044	135	7	31:42	1:41
13	5:30:18	Owen LEP	Sherwood	6/8	M2529	134	4	30:28	1:37
14	5:33:16	Gordon KIF	Calgary	1/4	M5054	130	11	35:14	1:52
15	5:34:28	Gillon BRC	Calgary	3/9	M3034	108	26	39:12	2:04
16	5:36:32	Fungsters	Calgary	2/3	MalTm	153	5	30:43	1:37
17	5:38:37	Scott MAC	Moose Jaw	4/9	M3034	136	18	36:53	1:57
18	5:42:25	Darin HUN	Calgary	5/9	M3034	129	37	42:53	2:16
19	5:44:37	Nick RONT	Calgary	2/4	M3539	156	48	45:20	2:24
20	5:49:24	Vaughn CC	Vermilion	2/4	M5054	112	12	35:26	1:52
21	5:51:56	Trevor KILLIPS		7/8	M2529	179	29	39:50	2:06
22	5:57:51	Andrea WA	Calgary	1/5	F4044	170	13	35:30	1:53
23	5:58:33	James CL	Calgary	6/9	M3034	181	8	32:52	1:44
24	5:59:44	Celine TUF	Calgary	2/5	F4044	167	55	47:41	2:31
25	6:00:25	Trevor NA	Calgary	3/4	M3539	147	50	45:44	2:25
26	6:03:11	Lore-ann K	Yellowknife	3/5	F4044	133	54	47:29	2:30
27	6:03:53	Stacy RAC	Calgary	1/6	F3034	155	27	39:31	2:05
28	6:04:29	Jodi BENO	Edmonton	1/5	F1824	105	20	37:22	1:58
29	6:05:01	Chris FLOI	Calgary	7/9	M3034	121	46	45:07	2:23
30	6:06:46	Linnea MA	Calgary	2/6	F3034	139	21	37:28	1:59
31	6:09:56	Jason MC	Calgary	8/9	M3034	142	25	38:54	2:03
32	6:10:08	Kerri TRE	Calgary	1/6	F3539	166	23	38:20	2:01
33	6:11:59	Diana HOF	Calgary	2/6	F3539	127	16	36:21	1:55
34	6:12:38	Bourne Ani	Calgary	3/3	MalTm	169	10	34:51	1:51
35	6:13:36	Beth BROV	Calgary	2/3	F2529	109	17	36:51	1:57
36	6:15:21	Sean SHEI	Calgary	9/9	M3034	159	58	50:45	2:41
37	6:15:22	Julie KOHL	Okotoks	3/6	F3034	131	35	42:11	2:14
38	6:17:49	Rick DOLL	Calgary	1/2	M5559	117	49	45:40	2:25
39	6:24:06	Kevin BOYD		8/8	M2529	177	32	40:56	2:10

40	6:29:20	Kristi ALLE Leduc	4/6	F3034	100	33	42:01	2:13
41	6:32:28	Bob COOK Cold Lake	2/2	M5559	111	28	39:47	2:06
42	6:36:07	Katherine I Calgary	3/6	F3539	174	34	42:03	2:13
43	6:40:24	Scott BRAI Calgary	4/4	M3539	180	60	52:17	2:46
44	6:43:43	Janet MCF Edmonton	5/6	F3034	178	24	38:36	2:02
45	6:46:54	Wendy NE Calgary	1/3	F5054	148	52	46:51	2:28
46	6:53:57	Tina BEAU Regina	6/6	F3034	104	36	42:15	2:14
47	6:54:51	Wes BRAL Lumsden	2/4	M4549	107	64	58:56	3:07
48	7:00:49	Sherry PEF Calgary	4/6	F3539	150	31	40:32	2:08
49	7:01:41	Ben CZELI Calgary	3/4	M5054	115	57	48:09	2:33
50	7:02:15	James TAL Calgary	2/3	M4044	162	66	1:02:26	3:18
51	7:03:25	Dean FADI Edmonton	1/1	M1824	120	43	44:29	2:21
52	7:04:21	Lynn MARI Calgary	4/5	F4044	138	14	35:33	1:53
53	7:11:56	Lisa HUDE Dapp	2/5	F1824	128	41	44:07	2:20
54	7:13:40	Erin ATTRI Calgary	5/6	F3539	102	53	47:05	2:29
55	7:16:59	Anne WAD Red Deer	5/5	F4044	168	61	53:03	2:48
56	7:17:57	Alan POYT Ft. Macleod	4/4	M5054	154	56	47:47	2:31
57	7:19:18	Dave DEAI Calgary	3/4	M4549	116	44	44:33	2:21
58	7:22:10	Verna CRC Regina	2/3	F5054	114	65	1:01:42	3:15
59	7:23:28	Barbara GC Camrose	3/5	F1824	125	42	44:14	2:20
60	7:26:51	William WA Calgary	3/3	M4044	172	62	53:16	2:49
61	7:27:21	Simone GC Sherwood	4/5	F1824	182	45	44:50	2:22
62	7:27:33	Kelly SAW, Edmonton	6/6	F3539	176	51	46:32	2:27
63	7:29:40	Kirsten NIC Edmonton	5/5	F1824	149	38	43:18	2:17
64	7:38:24	Camilla SP Calgary	3/3	F5054	160	47	45:14	2:23
65	7:48:02	Amanda AI Sherwood	3/3	F2529	101	59	51:46	2:44
66	8:23:09	Kevin MEL Regina	4/4	M4549	144	63	53:39	2:50

93 km			19km	
BIKE			RUN	
Cat	Ovr	Tir km/hr	Time	km
1		2:39:34 35.0	1:03:43	3:22
2		2:42:43 34.3	1:15:10	3:58
3		2:48:18 33.2	1:21:26	4:18
7		3:03:22 30.4	1:26:23	4:33
4		2:53:06 32.2	1:43:58	5:29
6		3:02:25 30.6	1:32:02	4:51
9		3:10:22 29.3	1:26:25	4:33
5		3:02:01 30.7	1:38:56	5:13
14		3:16:17 28.4	1:32:00	4:51
11		3:12:23 29.0	1:30:44	4:47
8		3:05:23 30.1	1:37:56	5:10
15		3:16:20 28.4	1:39:28	5:15
12		3:14:18 28.7	1:45:33	5:34
10		3:12:06 29.0	1:45:56	5:35
16		3:19:36 28.0	1:35:41	5:03
19		3:25:04 27.2	1:40:46	5:19
13		3:14:38 28.7	1:47:06	5:39
26		3:36:44 25.7	1:22:49	4:22
17		3:19:41 27.9	1:39:37	5:15
28		3:37:16 25.7	1:36:43	5:06
23		3:32:25 26.3	1:39:43	5:15
29		3:37:40 25.6	1:44:42	5:31
37		3:46:04 24.7	1:39:38	5:15
30		3:37:56 25.6	1:34:07	4:58
18		3:24:26 27.3	1:50:16	5:49
21		3:30:09 26.6	1:45:33	5:34
38		3:46:13 24.7	1:38:09	5:10
33		3:44:54 24.8	1:42:13	5:23
20		3:29:13 26.7	1:50:42	5:50
27		3:36:48 25.7	1:52:31	5:56
22		3:31:37 26.4	1:59:26	6:18
42		3:51:15 24.1	1:40:35	5:18
32		3:43:54 24.9	1:51:45	5:53
40		3:47:08 24.6	1:50:40	5:50
39		3:46:31 24.6	1:50:15	5:49
25		3:35:41 25.9	1:48:56	5:44
36		3:45:43 24.7	1:47:28	5:40
34		3:44:55 24.8	1:47:15	5:39
35		3:45:32 24.7	1:57:39	6:12

31	3:42:03	25.1	50	2:05:16	6:36
43	3:54:36	23.8	43	1:58:07	6:13
44	3:55:16	23.7	44	1:58:49	6:16
45	3:58:52	23.4	33	1:49:15	5:45
46	4:02:32	23.0	48	2:02:36	6:28
47	4:03:27	22.9	40	1:56:36	6:09
51	4:11:37	22.2	47	2:00:06	6:20
41	3:49:55	24.3	51	2:06:01	6:38
49	4:07:22	22.6	58	2:12:56	7:00
61	4:28:03	20.8	25	1:45:29	5:34
24	3:34:47	26.0	64	2:25:02	7:38
55	4:16:20	21.8	49	2:02:37	6:28
56	4:18:24	21.6	54	2:10:25	6:52
57	4:20:17	21.4	53	2:07:32	6:43
54	4:14:53	21.9	56	2:11:42	6:56
60	4:27:12	20.9	41	1:56:45	6:09
52	4:13:51	22.0	59	2:16:21	7:11
53	4:14:16	21.9	61	2:20:29	7:24
58	4:20:48	21.4	46	1:59:41	6:18
63	4:31:51	20.5	52	2:07:24	6:43
50	4:10:40	22.3	63	2:22:56	7:32
59	4:24:23	21.1	60	2:18:09	7:17
62	4:29:41	20.7	55	2:11:21	6:55
65	4:34:21	20.3	57	2:12:01	6:57
48	4:04:23	22.8	66	2:48:48	8:54
64	4:34:09	20.4	62	2:22:08	7:29
66	4:53:53	19.0	65	2:35:39	8:12